



March 2020

Main Centre

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm
Play and Learn (0-6yrs) Explore and Grow (0-6 yrs)	Play and Learn (0-6yrs) Explore and Grow (0-6 yrs) March 17 Wear Green 	Play and Learn (0-6yrs) Explore and Grow (0-6 yrs)	Play and Learn (0-6yrs) Explore and Grow (0-6 yrs)  March 26 Bring your favourite stuffy!	Play and Learn (0-6yrs) Explore and Grow (0-6 yrs)	Play and Learn (0-6yrs)
1:00pm-4:00pm	1:00pm-4:00pm	1:00pm-7:00pm	1:00pm-4:00pm	Closed in Afternoon	1:00pm-4:00pm
Play and Learn (0-6yrs)	Play and Learn (0-6yrs) <div style="background-color: #008080; color: white; padding: 5px; text-align: center;"> Baby and Me Well Baby - March 3 Ask a Dietician - March 10 1:00pm - 2:30pm </div> <div style="background-color: #008080; color: white; padding: 5px; text-align: center;"> Baby Time 1:00pm - 3:00pm </div>	Play and Learn (0-6yrs) <div style="background-color: yellow; padding: 10px; text-align: center;"> MAIN CENTRE WILL CLOSE AT 4PM ON MARCH 18 </div>	Play and Learn (0-6yrs)		Play and Learn (0-6yrs)

Play and Learn

EarlyON Child and Family Centres offer a variety of activities for families/caregivers with children ages, 0-6. Activity areas include: dramatic play, crafts, blocks, books, puzzles, sensory and fine motor. Snack is available for the children from 9:30am-11:00am & 1:30pm-3:00pm (due to allergies, please do not bring food to Main Centre). Circle time is offered at the end of the program. This is a wonderful opportunity for you and your child to learn, explore, and play together.



Explore and Grow - Outdoor Classroom

Monday - Friday from 9:00am to 12:00pm

Have you heard about the,
Outdoor Innovation Classroom at EarlyON?

With the onset of kindergarten registration, families are curious in how they can best prepare their child for school readiness. Research reveals that daily outdoor play provides the greatest benefits and will set your child up for school success.

The vestibular system is part of the inner ear. It is our 6th sensory system that contributes to your child's sense of balance, spatial awareness and helps them coordinate their movements. When a vestibular sense is strengthened, we see children who are secure and organized enough in their bodies to be able to attend and respond to all of the other senses they encounter daily. The most ideal way to stimulate this system in your child is by playing outdoors. Children need to spin, rock jump, climb and roll.



Baby and Me - Well Baby

Well Baby - Tuesday, March 3 - 1:00pm to 2:30pm

***NEW* Ask a Dietician - Tuesday, March 10 - 1:00pm to 2:30pm**

First Tuesday of the month, **Baby and Me - Well Baby** clinics provide an opportunity for you to check in with a Public Health Nurse about your child. Topics include: Growth and Development, Parenting, Immunization, Postpartum, and more.

Baby Time



Every Tuesday 1:00pm to 3:00pm



Join our friendly, relaxed atmosphere and together, you and your infant (birth to pre-walker) can participate in a variety of age-appropriate activities, meet other parents, share information, stories, and advice.

If you are attending one of our EarlyON locations, please remember to bring your socks and or indoor shoes. If you



are attending one of our school locations, please bring indoor shoes. Thank you!



St.Thomas-Elgin EarlyON Child & Family Centre
has launched our new website!

www.stthomaselginearlyon.ca



Check us out and find some great information
on the programs and services we offer.

If you would like to receive our calendars electronically, please send an email to the following email address:
a.eveland@communitylivingelgin.com